

# Juniper Education

## EYFS/ KS1 Parent Timetable



### Monday 20th April 2020

### Out of this world - All about space!

9:00 - 9:30

**'PE with Joe' - Live PE session**

- Visit YouTube.com
- Search: The Body Coach TV
- Hit subscribe but no cost involved!
- You will then be notified when he goes live each morning at 9:00am



OR

10:00  
daily

**Battleready 360**

Workout every weekday morning at 10am with Ollie and Foxy, from Channel 4's SAS: Who Dares Wins [here](#)

Catch your breath - get a drink and discuss the day ahead. Include your child in the decision making as to what they would like to do today.

**Read or listen to 'Aliens Love Underpants.'**

- Read Aliens love underpants if you have a copy or listen to it being read on YouTube [here](#)



**Design some new underpants for an alien.**

- Can you use repeating patterns? Can you make your design symmetrical?
- Decorate your design using materials of your choice - colour, paint or collage. Make several, get a piece of string and make a washing line of underpants!

**BBC Nursery Rhymes and Songs**

- Visit the website [here](#)
- Can you find some songs or rhymes about space to learn?



11:30 - 12:00

**Live kids dance classes with Oti Mabuse**

- Find the class live on Facebook and Instagram



Lunch

**Memory skills!**

- Can you remember the Alien's Love Underpants story? Can you tell it to someone else?

# Monday 20th continued...

## EYFS

### Hungry Little Minds

- Simple, fun activities for kids, newborn to five, take a look on the website [here](#)

## Spelling

- Spelling Tasks for Year 1 and 2 [here](#)

## Story time from Space

Watch a story being read from space by real astronauts [here](#)

**16:30  
Every Mon  
in April**

## Puffin Storytime

Settle down for 20 minutes of storytime magic with some amazing authors or follow a fantastic draw along from our illustrators. Watch live on Instagram or on YouTube [here](#)



**17:30  
weeknights**

## Jamie Oliver - Keep Cooking and Carry on

Easy-to-follow, super-flexible recipes with lots of useful swaps and tips to help you feed yourself and your loved ones. Let's keep cooking and carry on!



## Tuesday 21st April 2020

9:00 - 9:30

### 'PE with Joe' - Live PE session

- Visit [YouTube.com](https://www.youtube.com)
- Search: The Body Coach TV
- Hit subscribe but no cost involved!
- You will then be notified when he goes live each morning at 9:00am



OR

10:00  
daily

### Battleready 360

Workout every weekday morning at 10am with Ollie and Foxy, from Channel 4's SAS: Who Dares Wins [here](#)

Catch your breath - get a drink and discuss the day ahead. Include your child in the decision making as to what they would like to do today.

### Design an alien!

- Draw an alien with various numbers of heads, arms, eyes and legs.
- Add one more limb. How many now? Rub one out to show one less.
- Match or write the correct number.
- Write the number as words.

Make links to multiplication. Draw 5 aliens with 2 heads. How many heads in total?

- Write  $2 + 2 + 2 + 2 + 2 = 10$  which can also be written as 5 lots of 2.

### EYFS

- Practise counting in tens. Make groups of ten objects and count to 100 in tens.

### KS1 - Times Tables Rock Stars!

- Practise your times tables for 15 - 20 minutes with [Times Tables Rockstars](#)

### Outdoor and relax time

### Use your alien design.

- Write a description of him or her or write a story based on your alien

11:30 - 12:00

### Live kids dance classes with Oti Mabuse

- Find the class live on Facebook and Instagram



### Lunch

### Alien Dance

- Create an alien dance for Oti Mabuse
- Use the music Blinding Lights by The Weeknd
- Check out the Blinding Lights Tik Tok challenge [#tiktokcompilation](#)



### Be Internet Legends!

- Visit the website [here](#)
- The Be Internet Legends programme is designed to teach your child the skills they need to stay safe and have a positive time online. Your involvement at home can really help reinforce these key messages to help your child become more confident when exploring the online world.

# Tuesday 21st continued...

## Help to prepare tea.

### **CBeebies Storytime App**

Download the free CBeebies Storytime app for kids with fun new stories featuring CBeebies characters and shows your little one will love. Visit the website [here](#) for more information.

**Or**

### **Story time from Space**

- Watch a story being read from space by real astronauts [here](#)

**17:30  
weeknights**

### **Jamie Oliver - Keep Cooking and Carry on**

Easy-to-follow, super-flexible recipes with lots of useful swaps and tips to help you feed yourself and your loved ones. Let's keep cooking and carry on!



## Wednesday 22nd April 2020

9:00 - 9:30

### 'PE with Joe' - Live PE session

- Visit [YouTube.com](https://www.youtube.com)
- Search: The Body Coach TV
- Hit subscribe but no cost involved!
- You will then be notified when he goes live each morning at 9:00am



OR

10:00  
daily

### Battleready 360

Workout every weekday morning at 10am with Ollie and Foxy, from Channel 4's SAS: Who Dares Wins [here](#)

**Catch your breath - get a drink and discuss the day ahead. Include your child in the decision making as to what they would like to do today.**

### Tell the time...

- Make a cartoon strip for, 'A day in the life of an alien'.
- Add a clock in every picture to show what time it is. (Write the time o'clock, half past, quarter past or quarter to)
- Then try to the nearest 5 minutes.

Don't forget there are 60 minutes in an hour and 24 hours in a day.

10:15  
Every Wed

### #WaterSafetyWednesdays,

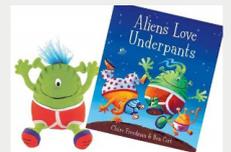
Liam from the RNLI's Water Safety Team will be explaining why it's important to 'Stop and Think' around water. To download the 'Spot the Dangers' posters to supplement this lesson, click [here](#)



### Outdoor and relax time

### Write a new version of Aliens Love Underpants.

- What do your aliens love?
- Alien love ...



11:30 - 12:00

### Live kids dance classes with Oti Mabuse

- Find the class live on Facebook and Instagram



### Lunch

### Continue to practise your Alien Dance

- Use the music Blinding Lights by The Weeknd
- Can you teach it to someone else?



# Wednesday 22nd continued..

**Check out the Purple Watermelon website and their Facebook page 'I'm at home with the kids. Get me out of here.'**

Purple Watermelon is a site that provides engaging ideas, challenges, exercises, mindfulness and assemblies. Visit their website [here](#)



---

**Zoom, Facetime or phone a friend or family member.**

**Help to prepare tea.**

**15:00**

**Story time from Space**

Watch a story being read from space by real astronauts [here](#)

**or**

**Read a book of your choice to someone else.**



**17:30  
weeknights**

**Jamie Oliver - Keep Cooking and Carry on**

Easy-to-follow, super-flexible recipes with lots of useful swaps and tips to help you feed yourself and your loved ones. Let's keep cooking and carry on!



# Thursday 23rd April 2020

9:00 - 9:30

## 'PE with Joe' - Live PE session

- Visit YouTube.com
- Search: The Body Coach TV
- Hit subscribe but no cost involved!
- You will then be notified when he goes live each morning at 9:00am



OR

10:00  
daily

## Battleready 360

Workout every weekday morning at 10am with Ollie and Foxy, from Channel 4's SAS: Who Dares Wins [here](#)

Catch your breath - get a drink and discuss the day ahead. Include your child in the decision making as to what they would like to do today.

Make a rocket out of clean food packaging, that might otherwise have been recycled.

- Label the boxes with the properties of the shapes.
- How many vertices and edges does each box have? Is it a cube, cuboid or other three-dimensional shape?



## Memory Challenge

- Learn the poem Jump in the Rocket [here](#).
- Can you say it from memory to different people? You can do this using the telephone or computer.

## Outdoor and relax time

## Tim Peake project activities

- Free resources for home learning on the website [here](#)
- Choose a task and test it out?



11:30 - 12:00

## Live kids dance classes with Oti Mabuse

- Find the class live on Facebook and Instagram



## Lunch

## Tim Peake project activities

- Free resources for home learning on the website [here](#)
- Continue with your activity from this morning.

## EYFS

### Hungry Little Minds

- Simple, fun activities for kids, newborn to five, take a look on the website [here](#)

## Keep practising your times tables!

- Practise your times tables for 15 - 20 minutes with [Times Tables Rockstars](#)

# Thursday 23rd continued...

## Alien Dance

- Have a dress rehearsal for your alien dance ready for your performance tomorrow.



## Help to prepare tea.

### CBeebies Storytime App

Download the free CBeebies Storytime app for kids with fun new stories featuring CBeebies characters and shows your little one will love. Visit the website [here](#) for more information.

Or

### Story time from Space

- Watch a story being read from space by real astronauts [here](#)

**17:30  
weeknights**

### Jamie Oliver - Keep Cooking and Carry on

Easy-to-follow, super-flexible recipes with lots of useful swaps and tips to help you feed yourself and your loved ones. Let's keep cooking and carry on!



# Friday 24th April 2020

9:00 - 9:30

## 'PE with Joe' - Live PE session

- Visit YouTube.com
- Search: The Body Coach TV
- Hit subscribe but no cost involved!
- You will then be notified when he goes live each morning at 9:00am



OR

10:00  
daily

## Battleready 360

Workout every weekday morning at 10am with Ollie and Foxy, from Channel 4's SAS: Who Dares Wins [here](#)

Catch your breath - get a drink and discuss the day ahead. Include your child in the decision making as to what they would like to do today.

## BBC Nursery Rhymes and Songs

- Visit the website [here](#)
- Can you find some songs or rhymes about space to learn?



## 5, 4, 3, 2, 1 Blast Off!

- Can you make a pretend rocket control centre in your own home?
- Use things around the house or recycling materials.



11:30 - 12:00

## Live kids dance classes with Oti Mabuse

- Find the class live on Facebook and Instagram



## Space Watch

- Imagine you are in a rocket in space.
- Draw a picture of what you can see out of your rocket window. Record it or write it down.

## Lunch

## Yoga time!

- Visit the Cosmic Kids YouTube channel [here](#).
- Take part in Yoga for young children based around nursery rhymes and a range of themes such as pirates.



## Alien Dance

- Perform your alien dance for someone else. See if you can record it and send it to a relative or friend.



# Friday 24th continued...

	<b>Zoom, Facetime or phone a friend or family member</b> Tell them what you have enjoyed and learnt this week.
	<b>Ask someone in your family to choose their favourite children's book to read to you.</b> Get them to explain why they love it so much.
<b>17:30 weeknights</b>	<b>Jamie Oliver - Keep Cooking and Carry on</b> Easy-to-follow, super-flexible recipes with lots of useful swaps and tips to help you feed yourself and your loved ones. Let's keep cooking and carry on! 
<b>19:00 Fridays</b>	<b>Try something different...Royal Opera House</b> Watch every Friday night at 7pm. Keep an eye on Facebook for this week's premiere!