

Juniper Education

EYFS/ KS1 Parent Timetable

Monday 1st June 2020 Growth

9:00 - 9:30

'PE with Joe' - Live PE session

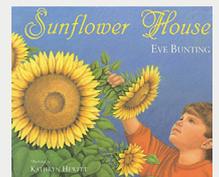
- Visit YouTube.com
- Search: The Body Coach TV
- Hit subscribe but no cost involved!
- You will then be notified when he goes live each morning at 9:00am



Catch your breath - get a drink and discuss the day ahead. Include your child in the decision making as to what they would like to do today.

Listen to the Sunflower House

- Listen on YouTube [here](#).
- Try and purchase a packet of sunflower seeds or another seed of your choice. Maybe you could visit a garden centre if it is safe for you to do so.
- How many seeds are in the packet? How could you organise them to count them accurately? You could put them into groups of 10s, 5s or 2s.
- Decide how many should be planted into each pot. If you were to plant all the seeds how many pots would you need?



Outdoor and relax time

Growth Diary

- Today you are going to write the first entry of your diary to chart the growth of your seed/s.
- Draw a picture of the pot and the position of the seed/s in the soil. Write a sentence
- Each day you are going to observe closely and update your diary if there are any changes with a sentence or two and a picture. You could also chart its growth using photos.
- As your seed grows don't forget to measure it carefully every day.

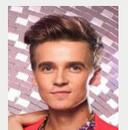
11:30 - 12:00

Live kids dance classes with Oti Mabuse

- Find the class live on Facebook and Instagram



Other famous faces offering their dancing skills are Strictly Come Dancing professional Dianne Buswell and her partner Joe Sugg. They have been sharing different dance lessons and fitness exercises on Dianne's Instagram for fans to join in with at home.



Lunch

Monday 1st continued...

**13:00 every
weekday
until 12th
June**

Storytime at the Barn with Michael Morpurgo.

Tune in every weekday at 1 pm as we read through some of Michael's cherished children's books. Storytime at the Barn will be available via the theatre's Facebook, YouTube and Twitter channels.

See the Facebook event [here](#).



White Rose Maths - Global maths lesson

- Visit the website [here](#)
- Choose your year group
- Watch the video
- Email if you are stuck - mathshelp@whiterosemaths.com

or work that your school has provided.

The Good Stuff with Deborah James - iTunes Podcast

Each Monday Deborah and her children Eloise and Hugo will investigate the research around the 'good stuff' covering questions such as how does music boost your mood? Why should we look after the animals on our planet? What does kindness look like in different countries around the world?

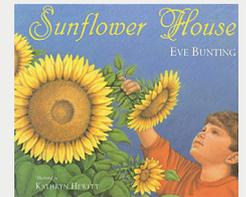
Scan the QR code to download the iTunes podcast



Help to prepare tea.

Book of the Day

- Watch the Sunflower House again [here](#).
- Can you retell the lifecycle of the sunflower from planting until it died?



OR

Catch up with Harry Potter at Home

Harry Potter and the Philosopher's Stone is being read by celebrities. The videos will feature on Rowling's online hub and audio versions will also be available on Spotify. Readings of all 17 chapters will be released weekly between now and the middle of the summer. Visit the website [here](#).



**17:30
weeknights**

Jamie Oliver - Keep Cooking and Carry on

Easy-to-follow, super-flexible recipes with lots of useful swaps and tips to help you feed yourself and your loved ones. Let's keep cooking and carry on!



Tuesday 2nd June 2020

9:00 - 9:30

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Outdoor and relax time

Create a garden centre role play area in your garden or home.

- Gather or make a collection of objects that you might find in a garden centre.
- Decide on the prices for each of the items and label them up.
- Borrow some real money to put in your 'till'.
- Make signs for your garden centre: Design and make a sign displaying the name of your garden centre. Make an opening times poster. Make some open and closed signs.

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Start a collection...

- Make a collection of objects from your garden that interest you e.g. a seed head, an empty snail shell, a petal, an interesting stone etc
- Make an interest table or tray. Add to your collection over several days.
- Talk about your collection. Which is your favourite object and why?

Role Play

- Invite someone else to join you in your garden centre. Practise buying and selling objects. Take turns to be the shopkeeper and customer. Practise asking questions.

Tuesday 2nd continued...

Be Internet Legends!

- Visit the website [here](#)
- The Be Internet Legends programme is designed to teach your child the skills they need to stay safe and have a positive time online. Your involvement at home can really help reinforce these key messages to help your child become more confident when exploring the online world.

Seed Diary - Don't forget to check your seeds and complete your diary.

Book of the Day!

This educational and enjoyable book helps children understand how to plant bulbs, seeds, and seedlings, and nurture their growth. Lois Ehlert's bold collage illustrations include six pages of staggered width, presenting all the flowers of each colour of the rainbow.

- Watch the read along on YouTube [here](#).



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Wednesday 3rd June 2020

9:00 - 9:30

'PE with Joe' - Live PE session

- Visit [YouTube.com](https://www.youtube.com/channel/UC8X0ne-tcmwK7BN9I57IcAg)
- Search: The Body Coach TV
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Catch your breath - get a drink and discuss the day ahead. Include your child in the decision making as to what they would like to do today.

Oliver's vegetables.

- Listen to Oliver's vegetables on Youtube [here](#).
- Can you remember the vegetables that he picked at his Grandad's house.
- Can you describe where they grew?
- Did they grow above the ground or under the ground?

10:15
Every Wed

#WaterSafetyWednesdays,

Liam from the RNLI's Water Safety Team will be explaining why it's important to 'Stop and Think' around water. To download the 'Spot the Dangers' posters to supplement this lesson, click [here](#)



Outdoor and relax time

Make some soup!

Oliver's grandad grew lots of vegetables which he could have made into soup.

- Take a look in your fridge and see what vegetables you have available. With permission select some to make into a soup.
- Name and discuss the appearance of the vegetables?
- Ask an adult to support you whilst you peel and chop the vegetables. [Save the carrot tops, onion top, a piece of celery or potato] - pop them in the fridge ready for tomorrow]
- Taste if safe when raw.
- Place them in some water with some vegetable or chicken stock,. Season with herbs or spices and bring your soup to the boil. Cook until all the vegetables are tender.
- Share with the people that you live with for lunch.
- How have the vegetables changed when cooked?

11:30 - 12:00

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Check out the Purple Watermelon website and their Facebook page 'I'm at home with the kids. Get me out of here.'

Purple Watermelon is a site that provides engaging ideas, challenges, exercises, mindfulness and assemblies. Visit their website [here](#)



Wednesday 3rd continued...

Get creative...

Look at whole vegetables, the vegetable tops and peelings very carefully.

- Make observational drawings of them showing all the detail.
- Why not try using the vegetable for printing. Explore how you could use them to create a pattern or a picture.



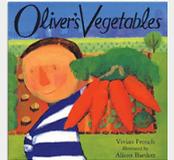
Seed Diary - Don't forget to check your seeds and complete your diary.

Share some of the facts that you have learnt on Zoom, Facetime or by phone.

Help to prepare tea.

Book of the day!

- Watch Oliver's Vegetables on YouTube [here](#).
- Can you remember the order that Oliver picked the vegetables?



**17:30
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Thursday 4th May 2020

9:00 - 9:30

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Catch your breath - get a drink and discuss the day ahead. Include your child in the decision making as to what they would like to do today.

'What do plants need to grow?'

- Watch 'What do plants need to grow?' [here](#).
- Watch the animation which explores the conditions a plant needs for growth. The clip traces the lifecycle of a plant from a seed or a bulb. Five conditions for successful growth are shared; water, light, a suitable temperature, air and time. Instructions are given for planting a sunflower seed.

Write some instructions.

- Using your knowledge from your experiences this week and this video clip, write your own set of instructions for planting a seed so that it grows successfully.
- Use the language of first, next, then, finally to describe the planting of the seeds.

Outdoor and relax time

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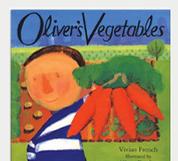
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During your daily exercise why not take a walk and look at your local allotment to see the vegetables being grown.. Don't forget to keep 2m away from anyone else.



Thursday 4th continued...

The Good Stuff with Deborah James - iTunes Podcast

Each Thursday will be a 'good news only' channel, sharing good news sent in from people at home, as well as exciting stories of positive news from around the world.

[Scan the QR code to download the iTunes podcast](#)



Seed Diary - Don't forget to check your seeds and complete your diary.

Book of the Day!

When the tiny seed is blown away from its parent plant, it travels a very long way - over seas, deserts and mountains. The tiny seed survives the hazards of the journey and finally falls onto fertile earth. It grows and grows, becoming the tallest, biggest flower for miles around. Then one day the wind blows and thousands of the flower's seeds begin their own journeys.



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Friday 5th June 2020

9:00 - 9:30

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Catch your breath - get a drink and discuss the day ahead. Include your child in the decision making as to what they would like to do today.

Set up your own experiment by planting three small plants.

- Label 1 water and sun
- Label 2 water but NO sun
- Label 3 sun but NO water
- Put your plants in the right place according to your labels
- Make a prediction about what will happen to each one; write it down
- Look at your plants every day. What happens?
- Draw or take photographs of the pots each day to prove your results



Outdoor and relax time

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Don't forget to spend some time in your role play area.
Invite someone else in.

You could practise some songs or rhymes while you are working in the garden centre e.g. "There's a tiny caterpillar on a leaf",
"Mary, Mary quite contrary, how does your garden grow"?

- Watch *The Gardener Plants the Seeds* on YouTube [here](#).
- Watch *The Green Grass Grows Around* on YouTube [here](#).



Friday 5th continued...

Seed Diary - Don't forget to check your seeds and complete your diary.

Yoga time!

- Visit the Cosmic Kids YouTube channel [here](#).
- Take part in Yoga for young children based around nursery rhymes and a range of themes such as pirates.

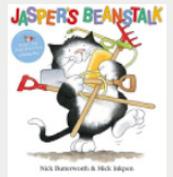


Zoom, Facetime or phone a friend or family member Tell them what you have enjoyed and learnt this week.

Book of the Day!

From the award-winning creators of Percy the Park Keeper and Kipper comes a new edition of a picture book classic - perfect for children finding out about nature and how things grow. Mick Inkpen is the libraries' ninth most borrowed author.

Jasper plants a bean. He waits for it to grow into a beanstalk all week. How long will he have to wait before he can start looking for giants?



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